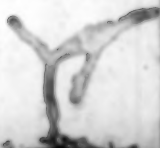


LATHAM  
SPA W  
IN  
LANCASHIRE:  
With Some  
Remarkable Cases  
AND  
CURES  
Effected by it.

---

L O N D O N:  
Printed for Rob. Clavel,  
*Anno Domini 1670.*

This image shows a blank, aged, cream-colored page, likely an endpaper or flyleaf of a book. The paper has a slightly textured appearance with some minor discoloration and faint, illegible markings near the top center. There are several dark smudges and stains, particularly along the left edge and bottom, suggesting wear or damage over time. The overall tone is a warm, off-white or light beige.



TO THE  
RIGHT HONOURABLE  
CHARLS  
Earl of DERBY,  
LORD LIEUTENANT  
Of the County Palatines of  
*Cheshire and Lancashire,*  
Chamberlain of  
CHESTER,  
AND  
LORD of MAN,  
and the ISLES, &c.

My Lord,

**S**Prings tend not  
more naturally to  
the Ocean, than this  
A3 Trea-

## The Epistle

*Treatise to your Lordship, The rise and Original of it.*

*What I have collected, the faults excepted, hath been much out of your own Observations, writ in a Stile, your Lordship must pardon, that it may live.*

*When I first visited your Spaw, I approacht its Avenues with some prejudice, being not convinc't of the Efficacy of Waters*





## Dedicatory.

*Waters* (though I have observed some, and read of more) in comparison of a well order'd Method in Physick, which I still favour: Though in pertinacious obstructions, and diseases, that must be long hewing down, native to those Parts through which the waters may pass, incline much to their use, especially if Patients (nauseating variety of Medicines)



## The Epistle

cines) can comply with  
These, as more natural  
and obvious to their Con-  
stitutions.

And here by the way,  
I cannot approve of such  
fictitious waters, as some  
by a pretended skill, in  
opposition to natural  
Spaws, say they can apt  
to this or that dislemper.  
No, I am not convinced  
that Art (though in some  
great Masters of it, it  
may arise to a wonderful

Ex-



## Dedicatory.

*Excellency) can yet ever  
so deliciously compose me-  
dicines as to equal the re-  
fin'd Spirits, which God  
and Nature hath with  
so much Curiosity mixt  
in the Bowels of the  
Earth.*

*A truth Fallopius seems  
to deny, hac ratione du-  
ctus, quod ob eorum so-  
liditatem (speaking of  
concrete Minerals) nihil  
ab iis abradi possit; which  
Julius*

## The Epistle

Julius Cæsar Claudinus  
in his ingressu ad infir-  
mos (p. 373.) clearly  
confutes, as well from their  
first as their second quali-  
ties; With whom our  
Learned Jorden in his  
discourse of Baths, and  
mineral waters (p. 63.)  
agrees, that before Mi-  
nerals have their full  
Consistence, whilst they  
are in solutis principiis,  
as earth, juice, or vapours  
(afterwards indeed they  
will

## Dedicatory.

*will need some Medium,  
or Corrosive to unite them  
with the water) they may  
be communicated with  
water, non qua Talia  
sunt ( to inforce Claudi-  
us his words ) secundum  
suam substantiam, sed  
per soluta sua Principia,  
terras ( scil. ) succos &  
vapores.*

*And hence I account  
the waters of Israel bet-  
ter than Abanah and  
Pharpar*

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*And hence I account  
the waters of Israel bet-  
ter than Abanah and  
Pharpar*

## The Epistle

Pharpar Rivers of Damascus; God having on Those bestowed a Blessing, He denied these, his hand having more immediately in those divinely temper'd, what Art in these can but grossly imitate.

And yet I do not deny that from the Family of Minerals, many powerful and Noble medicines may, and are daily by Art



## Dedicatory.

Art fram'd to eradicate  
distempers; in which par-  
ticular none certainly  
was ever happier than  
our Learned Willis, the  
Atlas and strength of  
Physical improvements,  
which being mixt with  
common water, as a Ve-  
hicle to carry them off,  
may effect good Cures,  
so Alcoholiz'd; But  
not with like facility,  
and so little Disgust as  
your Lordships and o-  
ther

## The Epistle

ther Spaws produce:  
The Abuse of which  
have many times pro-  
phan'd their use: So  
that they, who would  
effectually drink of  
Spaws, must also con-  
sult judicially about the  
manner, there being (as  
the Lord Verulam ex-  
cellently observes) many  
Medicines which by  
themselves would do no  
Cures, but being or-  
derly applyed produce  
great.

## Dedicatory.

great ones, Nat. Hist.  
p. 16.

*And here I would not  
be mislook, as if by a ju-  
dicial consulting of the  
manner of drinking these  
Spaws I insinuate such  
a necessity of advising  
alwaies with Physicians,  
as no Dose could effe-  
ctually be took without  
them: No, that were  
to supply the defect of  
practice by the Commen-  
dation*

The Epistle  
dation of the Spaw, to  
foment Distempers, and  
then allay them: An  
Artifice too mean, and  
dis-ingenious, however  
so specious and practica-  
ble.

I know the Poor (for  
whose Relief these  
Spaws seem providenti-  
ally to be found) may re-  
sort hither beneficially  
on small preparations, ha-  
ving robust bodies, na-  
tures

## Dedicatory.

tures which with a little help, can work out potent Diseases; And the Rich (coming advised by their Physicians) may likewise receive infinite good, according to the qualifications prefact) unless extraordinary symptoms arise, which in some measure too, they may be prepar'd for; That water being weak, and poorly impregnate, is not infectious, which ever and a

\ a . non

## The Epistle

*non requires medicines  
to actuate its vertues, or  
to remove bad effects.*

*I know, Medicinal  
Springs were never more  
pretended to than of late;  
Nor shall I deny such  
their content, Qui ip-  
sos inflatis buccis orbi  
commendant.*

*That which I have  
more to add, as to your  
Lordships Spaw, is only,  
that*

## Dedictory.

that I believe Time, the  
Mother of Experience  
will commend it to Poste-  
rity, especially whilst your  
Charity Accommodates  
the Poor, as your Exam-  
ple animates others.

I mention not Time, as if  
the experience of 20 years  
in the general, as well as  
four years particular ob-  
servation, were not suffici-  
ent to evidence the Vir-  
tues of your Lordships  
Va 2 . Spaw,

## The Epistle

Spaw; But that a greater Concourse to it may (without the nicety of any) set a larger Seal on its power and energy.

More might be insisted on, but I fear I have trespass too long on your Lordships Patience, a virtue I would not further wound.

Long may you Live,  
the Glory of your Family!



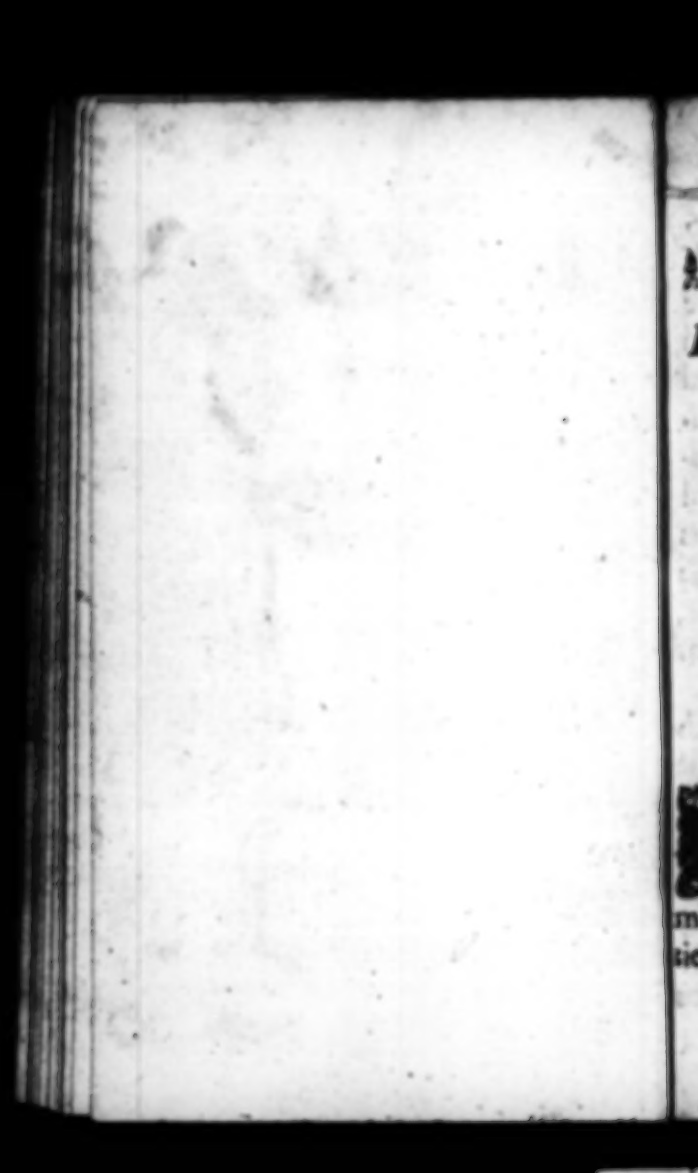
Dedicatory.

mily! *Your* Countrys  
Preservation! *and your*  
Soveraigns Repose, *and*  
Confidence! *That at*  
*length, though late, you*  
*may be Crown'd with*  
Martyrs, *and the im-*  
*marcible Reward of*  
Loyalty, *and a good*  
Conscience! *I am,*

My LORD,

*Your Lordships most obliged*  
*and humble Servant*

\ E. Borlase.





# *LATHAM SPAW;*

How it is situated,  
what Conveniences  
may be there had for  
Strangers, whence  
it proceeds, its ver-  
tues, and some ac-  
count of the Cures  
wrought by it.

**I**N the Mannour of  
*Latbarn* in *Lancashire*,  
within a quarter of a  
mile of *Latbarn-House* (the an-  
tient and Magnificent Seat of  
B the

the Earls of *Derby*, which too sharply bears the Character of her Lords Loyalty, and the Miseries of more than a Civil War) is a notable Medicinal Well, commonly called *Maudlen Well*, in the Tenancy of *Thomas Hulmes* of *Slade*, named the *West-head*, erecting its Spring much higher than the Road adjacent to *Ormeskirke*, the Noble burying place of the *Stanlies*, Earls of *Derby*.

The happy effects of which Well I having observed the last Summer, attending the Commands of the Right Honourable the Earl of *Derby* and his Lady there, who have equally (with many in their nu-  
merous

merous Family) received much benefit thence, I cannot, without injurie to the publique, but obey his Lordship in this brief but just account, though it be more sutable to my Inclinations to indulge my Retiredness than to expose it.

This *Spaw* (by the Care and Nobleness of the Earl of *Derby* and his Lady mutually assistant to the health of their Neighbours) is wall'd in with a good free stone, and defended from the violence of weather with a well ordered and decent covering, set on a necessary, though no curious Fabrick of wood, ordered more to secure it from rain,

than the Raies and power of the Sun, which have still a sufficient influence upon it; whence this *Spaw* being intire, it preserves ( without the affronts of accidents ) its own pureness and efficacy, issuing forth its stream ( through a well pav'd Channel ) into the Road where the neighbourhood and common people ( who are alike free, coming at seasonable hours ) drink of it there, and convert much of the water ( running into the Road ) to their necessary uses of washing, brewing, and the like with no little advantage; it being observed that the people thereabouts are of healthier

er Constitutions, and not so subject to the Epidemical distemper of this year, which hath so miserably infected most places; though I will not say (as *Abbeers* of the *German Spaw*) that *vix aemulantes homines sub nostro Caelo, quam Spadanos inveneris*, it is sufficient they have not like Distempers at present as elsewhere.

The Water (in its descent beating on the pavement) dies it with a rusty iron colour, one Argument of what it is impregnated with.

Not far from the *Spaw* there are many able Tenants sufficient to receive the best

B 3      Persons

Persons with all Accommodations and respective conveniencies.

The *Spaw* is set about with Trees which yield a pleasant shade, and there are two competent Seats about it for the Patients repose, and Attendants.

Adjoyning to it, there is a large field ( of late repurchased by the Earl of *Derby* for the freer access of all comers thither ) by nature cast into such order, as men and women may have a full conveniency for their walks and evacuations, without trespassing on eithers modesty, and that with diversity of Entertainment



ment too, there being Shrubs, plants, and young trees of sundry sorts and uses.

A fathom scarce sounds the bottom, where there is laid a large Millstone, through the hole of which the Spring forces its passage, casting up (within a foot of the surface) a clear silver sand, mixt with such variety of little thin Cockle-shells, and some Periwinkles curiously filed by the penetrable quality of the vitriol, as the finest glass is not more perspicuous, more smooth, than were a Microscope set to inlarge their minute bodies, what figures, what improvement, what

B 4      objects

objects might thence captivate the eye? more and no less I am perswaded than Mr. *Hooke* in his Book hath improved to admiration, evincing (as Dr. *Power* in his Preface to his Experimental Philosophy hath it) the dull world how curiously the minutest things are wrought, and with what signatures of Divine Providence they are enriched, which (as it is excellently observed in the Beauty of Providence) doth not daily fall under our sense and observation: And yet none of these, or any of the sand ever mixes with the stream, though it issues (through a large hole  
in

in the side of the Cistern) with a current flux bubbling in several places at once, and is of that strength, that if one try the deepness of it with a stick, it immediately buoys it up.

Some (from the Cockle-shells and Periwinkles found in this water) conjecture, that this *Spaw* may be fed by subterraneous veins from the Sea, whose shore is commonly stored with such shells; nor is the opinion wholly to be exploded, though the earth (in its matrice) may also have such a plastick vertue, as (from its prolifick ferment actuated by the Sun) it may produce such shells, which, as the  
case

case stands, is hard to determine.

Mr. *Childrey* in his *Britannia Baconica* (a good piece) page 75. mentions Cockle shells, and Periwinkles found at *Alderley* near *Severn* in *Glocestershire*; but so as he rather allows them attempts of Nature failing in her workmanship for want of fit matter, than such in reality, which those we speak of are in figure and other similitudes exceeding like, though very minute, and without the least substance found in them; though in a Close hard by, there are like shells which have full fishes in them; Ours (as Mr. *Childrey's*)  
are

are not found neer the surface of the Earth, but in the body of the sand cast up by the force of the Spring.

This *Spaw* ( by its Effects and the separation of its parts ) seems impregnate with Vitriol and some Allum out of Iron, and not in the least saturated with any ill quality.

That Allum is an Ingredient, not the main Principle, nothing discommends the *Spaw*; As by *Forestus* and others we shall hereafter more fully evidence and cleer.

And here before I proceed, I must (from all whom I have discoursed with ) insert, that if this *Spaw* proves slow, in  
getting

getting off with some, it is but with a few, and that through their want of advice first, whose distempers have such a nicety of complications as may (in prudence) require advice, ( which I think ought regularly to be taken by such. *Ne forte aqua noxios humores incurrans, eos secum rapiat, inventamque obstructionem augeat, as Abbeers observes*) or if it comes off slow, it is through the irregularities of others in taking the water too late in the day, and dining too early and plentifully after, indulging besides a more than ordinary freedom; Yet none ever complained that it prejudiced

judiced them in the least.

I have heard that Dr. *Spratling* (a Person worthily respected in *Lancashire*, for his Endowments, though somewhat morose and cloudy) commended this *Spaw* to M<sup>rs</sup>. *Fleetwood* of *Penrden*, and others, as singularly good.

And this Testimony I have from a Reverend Prelate, one of the most ingenuous and intimate Sons of the inmost Recesses of Nature, that He hath a very good Opinion of this *Spaw*, though he drank but one morning of it: In which opinion is Dr. *Pope*, one of the Councel of the Royal Society; And Dr. *Howorth* of *Manchester*  
(my

(my honoured friend) a Person whose desert intitles him to no mean Credit, writes to me, That he lately viewed and drank of the *Latham Spaw*, and perceived it to be as deeply impregnate with the tincture of the Iron and Vitriol Minerals as any water in *Lancashire*, or the *Yorkshire Spaw*: adding further, That the greatest Test now must be from Those, that by experience make further discovery of its usefulness and benefit it affords, which he believes may answer the hopes and expectation he hath of it.

And old *Spaw* drinkers, of which I met some at this *Spaw*,  
told



told me cheerfully, that a less quantity effected their business than at *Tunbridg, Epsom, Barnet*, and other *Spaws*, of which (in an ingenious Persons Case here following) you will have a notable proof, which cannot but be an excellent Quality, considering thereby that the *Hypochonders* are less stretched, *Obstructions* are more powerfully opened, the filth of the stomach impacted in its folds and wrinckles is sooner fetcht off, especially if an easie vomit of *Sals vitrioli albi*, which as well *astringendi vi*, strengthens as evacuates the stomach in robust and obstinate bodies, precedes, and the membranous

Parts

Parts (by the speedier coming off of the water) are easier reliev'd, especially if this Spaw be a little acuated (as I have advised some) with Salt of Vitriol, or Steel, or Cakes of Cream of Tartar, the *German* way prepared, freely bestowed by the Countess of *Derby*, who obliges (by her great indulgence) her Neighbours thereby.

There is an Ingenuous Person, one of a quick and through apprehension, who coming (more out of a complacency than complaint) to this Spaw, drank of it with others some daies successively, but seldom more

more than three pints at a time;  
yet made within an hour and  
an half two Chamber-pots  
full of Urine; which clearly  
demonstrates its celerity and  
vertue. And that he might  
not be without a blessing  
(though the healthfulness of  
his Constitution knew not  
what he might desire) he yet  
found much gravel, to which  
his Parents are addicted, eva-  
cuated by it, and himself freed of  
an Ebullition of blood, which  
Critically (about Midsummer)  
had expressed its virulency in  
small pimples, for some late  
years, with much offence.

This Spaw I have thoroughly  
C . . . . . tried

tried as to the turning its  
 colour with the powder of  
 galls, oak leaves, the boyling  
 it with milk, the bearing of  
 soap, which (as the Lord  
 Bacon observes, *Nat. Hist.* p.  
 87.) hungry water will not  
 admit of, such kills the uncti-  
 ous nature of the soap. As  
 likewise I have tried other  
 experiments (frequent in the  
 like Case) and I find few  
 Spas, if any sooner answer  
 all their Tests than this. Less  
 than a grain of the shavings of  
 Gall will immediately tincture  
 a considerable glass full of the  
 water, first purple, then inky.  
 Nay, I have experienced that  
 after some of this Spas had  
 been

been kept seven weeks in a bottle, it yielded to the Gall a full colour, though indeed, it putrifies soon, being out of its body, which argues highly the fineness of its Spirits, they being thin and aerial, and is an evincing token of its vertue, in the Judgment of the Lord Verulam, Paulus Aegineta, Oribasius and others.

And that I might be yet fuller informed (desiring to lay no Fucus on a wither'd face) I caused three pines of this water (after it had been carried seven miles) to be distilled in a Lamp Still, excellently performed by my Lords

Apothecary in the House : The first four or five Spoonfuls of which so distil'd, I turn'd (as I had done the rest from the Well) with a little Gall; though what was afterwards distil'd never altered in the least, notwithstanding how much Gall soever I put in, but remain'd insipid and clear.

I put also into a glass of Spaw water, at the Spring a few drops of the volatile Spirit of Harts-horn, which made a white separation, with a strong scent, not of the factor of the Harts-horn, but the Spaw, as if it had drawn all its Spirits

[ 21 ],

rits into a narrower compass,  
which a few drops of the oyl  
of Tartar reduced to its clear-  
ness and scent.

The scent of this Spaw is not  
loathsome, somewhat it is like  
ink, more (in my apprehen-  
sion) like the Sea-shore when  
the Tide's gone out, brackish  
and subtle.

Further, I exactly weighed a  
glass of fresh Spring-water  
with as much to a drop, as  
we could measure it, of Spaw  
water, which in three ounces  
(so much the glass contain'd of  
Spring-water) the Spaw water  
came short of the Spring-wa-

C 3

ter

ter a full half ounce, which demonstrates the levity of its parts, and the subtilty of its Spirits, which in the opinion of the Lord Verulam (*Nat. Hist. pag. 86.*) makes much for the better: Though I must confess too with *Heurnius*, that Learned and -intire Physician on *Hippocrates* his Aphorisms 26. l. 5. *Non lance semper aestimanda est aqua, sed si non gravis sit Hypochondrio, verum si ea subito pervadat, nec ibi cunctando putrescat,* is the best quality, which I have already manifested are extant in our *Spaw*.

This *Spaw* hath a blewish  
Cream,



Cream, or skin which swims upon the water after it hath stood a very little while, *Inftar iridis, vel cauda pavonis in aquæ superficie*, to use *Hadrianus* a Mynsichts expression in his *Anima Vitrioli*, a medicine of admirable use, as this Spaw, (for this reason) may be in many of the like Cases, especially when obstructions are the original of such distempers.

I know coal waters, and others which are not without some ill quality (as standing Lakes and the like) have the same coloured scum, but not from the like Principle, the

one being from putrifaction;  
This the innate vertue of the  
Minerals.

*Abbeers* (who in concerns  
of this nature leaves nothing  
unsearcht) believes this vari-  
ous colour'd fat, or skin in the  
superficies of the *Spaw* to be  
liquid Amber, though others  
think it Sulphur: But whe-  
ther from the one or the  
other, certainly much vertue is  
specified by it, both being in-  
gredients active and effectual.

This *Spaw* works several  
waies, most by Urine, often  
by Urine and stools, some-  
times by Vomits, but least free  
that

that way, unless the stomach  
be before foul and nauseous.

The *Spaw* at first drinking,  
is exceeding cold; to avoid  
the inconveniences of which  
falling suddenly on the sto-  
mach, a sensible part and  
the bowels, I advise, as is  
usual in the like case, Fennel  
seeds, Coriander seeds, Lem-  
mon or Orange pills, Ange-  
lica roots, or roots of *Enula*  
*Campana* candied, to be taken  
with it, which brings off the  
water gratefully: And if some  
few drops of that Noble and  
generous Medicine *Elixar pro-*  
*prietatis* be taken in a draught  
of the water now and then,

I am perswaded it may further its excellency, as the Earl of *Derby* fully experienced when he took the water in reference to an indisposition on his stomach, which this *Spaw* hath happily removed, begetting besides an excellent appetite.

Some '( *Claud. p. 382.* not without Authority) admit of a Spoonful of Salt in their first Cup, *ut facultatem intestinorum irritent, ac alvum subducant*, which in robust bodies replete with gross humours, I shall not forbid according to *Avicen* and *Mesue* cited by *Dr. Ferden*, *p. 130.* though it is too  
severe,

severe, and harsh for finer contextures, having such tenuity of parts as may fret the guts and bowels.

In the weaker and finest bodies Manna may be sufficient, Rhubarb with Cream of Tartar, or *Tartarum vitriolation*, or my Deobstructive powder, which I have observed hath done singularly well.

Some have been for drinking this Spaw warm ( as they were they say the first Examples of that course at other Spaws ) the stomach being apt to suffer by the contraction the water may make on  
the

the nerves through its active quality, the nerves enduring no cold, in pursuance of the Lord *Verulam's* advice for warm drinks, (Hist. Life and death p. 214 ) which may be in some constitutions more proper at meals than in a course of Physick, and I believe his Lordship means so, for so drunk in a course of Physick it makes it more nauseous, diminishes its spirits, renders it less penetrable, and gives it another quality, though in weak bodies the water with good effect may be taken warm, yet if such who desire to take it so would either drink it in their bed, or go to bed soon after

after they have drunk their dose (as with some is usual at other Spas) all inconveniencies of its chilness would be easily prevented, especially if the former rules of taking some gentle Correctives with the water were faithfully observed, or a little white wine drunk with it, *Ut si vestigium aliquod frigiditatis ventriculo ab illis communicatum fuerit, ab his deleatur.* Claud. p. 390. For though this water (as Abbeers observes of his Spa, p. 102.) *Actu est humida, potentia potenter exsiccat & calefacit, sicque ventriculi, & Cerebri vitia emendat.* And that it affects the stomach by its coldness with

no ill effects, is evident from the appetite it raises in all that take it, signally remarkable even to the repairing of some appetites prostrate before, *constringendo enim ventriculi orificium excitat suctionem*, as *Ebolerius* in his *praxis*, p. 456. observes from our upstream Master, when he calls cold water *id est bullis Vorax*.

The Right Honourable the Countess of Derby when she first began to drink of this Spaw (three or four years since) was forc't to take Cardamum seeds with it, now a few Fenael seeds, sometimes without any thing, the Spaw passes off  
with



with much ease and benefit.

Exercise (whilest the *Spirit* is in drinking) is most necessary: light walking is good, but in that the body is apter thence to sweat, than distribute the water, the matter of which is much spent by sweat, especially if the motion be violent, whereby the strength being drawn into a narrow room, the Spirits become more sharp, and predatory, I commend riding, shooting, bowling, or what may make the water more easily descend, and enlarge its distribution, and if some easie exercise to warm the bowels be had before one drink

drink the water, I conceive it may make way for the water to proceed with less prejudice.

What diet (in this case) is most necessary, is very obvious, viz. meats of easie digestion, all fruits of the season must be avoided; early rising, going to dinner when the waters are come off, and soon supping is most requisite; yea *Lipstus* his advice to *Lessius* from the Spaw in his Epistles is excellent, *vix quodocunque venietis cœnulam vobis paratam apud me scitote ex legibus spada- nis; tenuem frugalem cum fame dimissuram*: so is a cheerful spirit, moderate exercise, and all  
tem.

temperance, and the body by  
Art, if the water effects it not,  
is constantly to be kept open.

In what Cures this Spa  
hath been most happy I shall  
in brief run over some; Time,  
which matures all, and my  
leisure, (at present somewhat  
disturbed) being to enlarge  
further as there is occasion.

In facilitating the passage  
of the stone and gravel, and  
absterfing its sordes and mine-  
ra, I find it very successful.

One Cropper in the Man-  
nour of Latham hath (for these  
twenty years) found, (as to  
D the

the stone and gravel ) much benefit by this Spaw in great violence and extremity.

Major *Henry Newell* Deputy Governour of the Isle of *Man*, drinking of this Spaw, found (as I am informed) infinite relief by it, voiding thereupon much Gravel and many stones.

*John Lingley* a poor man, miserably afflicted with a continued pain about his reins, and his bladder, especially when he would make water, drank freely (after he had been gently purged) of this Spaw, by which he immediately found

found such ease, that the *membrum virile* ( swelling *præapismi instar*, constantly before when he endeavour'd to make water) grew orderly, and he voyded the next morning a stone with two discoverable branches.

A Gentleman of a fair Estate, and an Ancient Family nigh to, and in *Liverpool* (one of the most encreasing and flourishing Sea-Towns now in *England*) having, but ineffectually, long experienced the ablest advice in *London* for an Ulcer in his right Kidney, at length repaired to this *Spaw*, of which for some daies ( indeed too

few to make a thorough Cure) he drank freely, and with that effect, as ever since he is restored to such a competency of health and strength, as he travels in his new Chariot with ease, and walks without the least disturbance, who for some years before could not stir without stooping and much pain.

Strange success it hath had on most sturdy obstructions, and Annual pains.

Richard Dinton (at present Coachman to the Earl of Derby) was long held with an excessive pain about his stomach,

stomach, flushing heats in his head, and a streightness at times about his heart. Several months successively (for two daies together in a month, and no more) he had an intermitting Tertian, with a regular Type, and a sharp stitch in his right side; for which he tryed much means, but in vain; At length he drank freely of this *Spaw*, taking some daies a little *Rhubarb* and salt with it (the Medicine is of the Lord *Bacons* approbation, *Hist. of Life and Death*, p. 218.) and is now in good health.

A Gentlewoman of good

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note

note washing her knees and  
hams morning and evening  
with this Water (she drank  
of it too) eased her self thereby  
of infinite pains and aches in  
those parts.

Here I must insert a Case of  
great importance, *Elizabeth  
Holden* Wife to one of the  
Keepers of *Latham Park*; a  
woman of good years, and  
grave, having for a long time  
suffered under intolerable pains  
about her stomach, back, and  
belly, principally towards the  
Matrix, and in her groins;  
And fearing by the bigness of  
her belly, that she might fall  
into a Drop sic, drank orders  
ly



ly of this Spaw, being tired out with variety of Churlish Medicines before. After a day or two, the Spaw wrought so effectually with her, as first it mitigated her pains, then lessened her belly, and at length, *Obnumen Aquarum* ! It brought away such Bladders, as many of them equall'd a pigeons egge, which being broke, with some noyse, yeilded a spoonful of limpid liquor somewhat jellying: Before the voiding of which, pains, not unlike *Throws*, pressed her in her belly, groins, and lower parts. I had (by the favour of the Earl of Derby) one of these Bladders, the last I think, she

never

ever voided, sent to me, whose outward Tunicle was not unlike a Swines bladder, but without *Fibres* or veins; within it was smooth, and had adhering to its sides a slimy blewish jelly substance. Upon discourse with her, of which afterwards she assured me, that she had not voided less (since she took notice of them) then two hundred, each with pain and trouble, though the last with least. What to think of these I am somewhat uncertain; That there are Monsters in Physick, as in Nature, is no late Exclamation. *Ludovicus Nonnius*, a learned Physician of *Antwerp*, in an Epistle to the  
 2375 most

most ingenious *Beverovicus* of *Dordrecht*, inserted in his Treatise *De Calculo*, writes that as in the Yard Caruncles may be generated, which inclose Urine, so the like substance may be bred in the body of the bladder: And *Zacutus Lusitanus*, that admirable observer of especial Cases, p. 184. gives an excellent evidence, that *multa monstrosa in vesica innasce, & membrana nervæ Globi crystalli formes, incredibilis quantitas pituitæ, & alia mira quæ intus coarctata deinde excernuntur cum urina.* Nor is *Sennertus*, that Learned and excellent man less observing in his Chapter, *de vermibus & aliis præternaturam*

*turam in vesica natis.* And none of our books, treating of preternatural accidents, but are plentifully stored with strange productions from the womb; Concessions much strengthening our present Case though they clear not the reason of it: Nor do I believe the reason is easily found out.

*Multa tegit sacro involucre  
Natura.*

Though till I am better convinc'd, I must suppose these *Bladders* voided by our Patient to be bred in her bladder, if there, or in her womb, as *Apothumes*, of which there are great varieties arising from choice of matter, as *Sennertus* well

well observes, disseminated through the whole body, some of them inclosed in a proper tunicle, receiving form and matter from the place they are generated in. I have been lately assured by a Person worthy to be credited, that having had some years since, discourse with an Eminent Physician in these parts, whose infirmities generally tyed him to his Chamber, he was then told by him that he once had a Patient, a Gentlewoman of good quality, who on her Urine had a fat scum with various colours in it, under which swam many Bladders, the bigness of a large pins head, very clear,

clear, which being broke afforded a slimy water, which he conceived were the effects of some Apostumated matter in the Reins, and not improbable, so various is Nature in the discharge of her burden. But that which sways most, next to what may be imputed to the irregularities of the womb, is the opinion of a Learned Physician, whose deserts challenge more than is paid to his years and merits. He conceives these *Bladders* come from the *Mesentery*, and are the *involucra* and *Cystes* of *Scrophulous Tumors* generated there, there being, as *Vigo* maintains, the focus and seminary

minary of the *Scrophula* expelled thence, as *Schentkins* observes of other evacuations, *per ductus occultos*; and hence *Foreſtus* in his Treatiſe of Chirurgical obſervations (lib. 3 p. 359. in 8°) from *Arnoldus* obſerves, that *Aqua minerales aluminofæ non ſolum internos boſ ſtrumofos, ac pituitofos abſceſſus, ſed externos quoque & ſumma corporis occupantes imminuunt, ac diſcutiunt*; from whence this Patient received ſo much benefit: But to our intent,

The Collick ſeldom here miſſes of a Cure; *Holmes* who had lately the ground in Leaſe, gives an excellent Teſtimony of

of this, as others whilst I was on the place.

Since, Mr. William Blackburn of Billings, a young Gentleman, having some sharp heats breaking forth in his body, went the last *Autumn* to *Holywell*, in hopes the coldness of that Well (certainly a clear and fresh one) would have relieved him; But washing there, returned notwithstanding with the same heats increast, and some days after had the Collick so extreemly, as it tormented him much; Whereupon coming to this *Spa*, he drank plentifully of it, and was that day cured of his Collick, and mended



intended immediately of his  
itch.

This Spaw hath wrought  
good effects on long obstructi-  
ons, of which something hath  
been took notice of in *Dintons*  
Case.

The Countess of *Derby* be-  
ing sensible of a more than  
ordinary indisposition on her  
right *Hypochonder*, applyed her  
self, two years since, to the  
drinking of this Spaw; The  
Spaws in *Germany*, (those of  
*Ardenne*, as that of *Wilsong* in the  
Territories of the *Lantgrave* of  
*Hesse*, famous for the *Dutchess*  
of *Langaveile*, Sister to the  
Duke

*Duke of Conde*, proving afterwards with Child) having been no strangers to her Palat and observations, which incouraged that Excellent and discerning Person to hope well of her own *Spaw* at *Latham*, in tast and trial not unlike. Upon drinking of which she found so notable an improvement of her health, languid and impair'd before, that her appetite return'd, the rawness and crudity of her stomach before mentioned, wore off, her flushings and heats grew less, and her Liver (till then stretcht immoveably to her ribs) grew loose and plyable, and all upon drinking this water,

water; this admirable vehicle imbib'd with such active qualities as wasting the pertinacious humours, adhering to the *Parenchyma*, and vessels, before rebellious to ordinary solutives, and medicines, restored her Ladiship to the excellent health she now enjoys.

The Lady *Colchesters* Gentlewoman complaining, through a long indisposition, of much pain in her head, and stomach, with a strange averseness to meat, &c a vomiting afterwards, drank orderly (after some small preparations) of this *Spaw*, and in few days grew well,  
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and so continues.

In old Aches, and inward  
and outward Sores, this Spaw  
is of good effect.

*Thomas Hulmes* of *Slade*,  
about 50 years old, having  
been troubled several years last  
past with a pain about his  
Midriff, which though not  
altogether, yet in great mea-  
sure hindred his daily Labour,  
contracted by a strain, lifting  
a great weight neer 20 years  
since, the last *May* began to  
drink of this Spaw (not con-  
stantly and regularly, but as  
he thought fit, and business  
permitted him) in quantity  
about

about two quarts at a time,  
and is now not only freed of  
his pains, but can daily do  
more work than he could  
possibly reach to for some years  
before.

His Servant also, about  
Christmas was twelve-month  
got a strain in his back, lifting  
more than he could well ma-  
ster, which disinabled him  
much; In June last he drank  
of this Spaw, for the most  
part, twice a day for some  
weeks, whereby he is now  
lusty and follows his labour  
close, without the least sense  
of his former Complaints.

*Henry Maundesley* ( within the Mannour of *Latham* ) being in very great pain at his heart, in his thighs, legs, feet, and head (you must accept of his own expressions) for which he had tryed what help *Boulton* and the Country afforded (Eminent men in some places) but in vain, came, or rather, with much ado, crawled to *Latham Spaw*, with a strong confidence, where in the morning, he drank thereof freely, and getting a bottle, carried it full home of the same water, and drank of it when he went to bed; Next morning he found himself  
 (amaz'd

(amaz'd at the Deliverance )  
 in a very good Condition, and  
 both his thighs broken out  
 with pimples, out of which  
 issued much water, whereup-  
 on he immediately grew per-  
 fectly well, and so conti-  
 nues.

*Alexander Parr*, one of the  
 Keepers of *Latham Park*, on  
 a bruise, vomited much blood,  
 and thereupon grew weak,  
 and short-winded, but drink-  
 ing of this *Spaw* recovered  
 strength, grew hearty, and  
 spat no more blood.

*Thomas Aiscough*, one of an  
 athletick constitution, upwards

of 50. every winter (for some years last past) being troubled with a severe Cough, together with a shortness of breath, complaining withall of such exquisite pains in his Shoulders and over his breasts, as the anguish of them would sometimes cloud his Reason. *Quibus et si non tollitur lumen illud, ut sic dicam, mentis: tamen interdum offuscatur, & velut nubecula serenitatem ejus subducunt;* to make use of dear *Lipsius* his words to *Prunius*, then his pains would descend to his stomach, where they would be more tolerable, and afterwards settle, with much virulency, in his thighs, having in their walk pain'd his hips,



hips, so as to turn them black,  
 and in the end determine in  
 his great toes, with blisters  
 pouring forth (for some weeks)  
 freely thick and putrid matter,  
 as *Herc. Sax. p. 188.* observes  
 in the like Case, Humours  
 descended, *ad pedes, in quibus*  
*fiunt tubercula & sic solent solvere*  
*abscessus*: for the Cure of  
 which he had much advice,  
 but finding it ineffectual, re-  
 sorted to this Spaw, which af-  
 ter due preparations by bleed-  
 ing, vomits, purges, and an  
 orderly diet, which of himself  
 he was not much inclin'd to,  
 wrought so powerfully on him,  
 every way, as he found excee-  
 ding Relief thereby, and is

now returned to the *Iſle* of *Man*, (where he uſually lives) with much Comfort, and ſatisfaction: Though ſuch a habit of Diſtempers will neceſſarily need, Spring and Fall, ſome evacuation more than natural.

*Monſieur Pelate*, Gentleman of the Horſe to the Counteſs of *Derby*, one well verſt in Chymiſtry, and a ſober perſon, who in his own Country had often viſited the Waters of *Bourbon*, and the moſt reputed *Spas*, acknowledges This, in its kind, to be nothing inferiour to any of them; It having effected a moſt ſig-  
nal

nal Cure on him, who, being much indisposed, and stiff in his Limbs, inclinable, as he suspected to a Palsie (a Scorbutick one I conjecture) drank orderly of this Sp<sup>ee</sup>, and within a short time recovered his Limbs, with a constant good habit of body, before much indisposed, and obstructed through a sedentary life in his more retired years. The last Summer he went to *Holywel*, and with others bathed himself there. Upon which ensued a great indisposition on his Limbs, and his whole body; The Spring being too cold and piercing (though it must be own'd, for its *Rise* and *Purity*,

Purity, one of the excellentest of that nature ) as it discompos'd him much, so much as he hath exprest his resentment ingeniously, *fecit indignatio versus* : since he hath recovered his health by drinking again This Spaw.

John Thorp of Chester, 16 years old, having been for several years, if not since his birth, exceeding scrophulous in his face, arms, body and legs, so violent there, as to have eight bones at once took thence, underwent all usual means for his recovery, but finding little good thence the year 1669. the humour broke forth

forth very violently in his arm,  
 thighs and back, in his back  
 so violently as it ran excremely  
 distempering his whole body,  
 sufficient indeed, and more  
 than sufficient to make him  
 an object of great Charity;  
 which the Earl of *Derby* con-  
 sidering, ordered (about the  
 midst of *July* last,) that he  
 should be brought with much  
 Care to This *Spa* from  
*Chester*, of which he drank  
 freely, it agreeing (after two  
 or three daies) excellently with  
 him, working by stools, and  
 urine, very kindly, so kindly  
 as after six weeks stay there,  
 observing an orderly Course,  
 both as to Physick and diet,  
 his

his Ulcers mended to admiration without any other application whatsoever, than the *Spaw* water; His pains, before intolerable, vanisht, his strength (neer exoluted) increast, and his mind (dejected through the loathsomeness of his distemper) grew serene, so that at this day he stands a Miracle of Restoration, being able to walk cheerfully, that lately could not move without anguish, and complaints, though I suspect (unless the next *Spaw* season perfect his recovery) his distemper, through its violence hath so impoverisht Nature, that he will at length fall under his Complaints, through  
the

the decay of some Parts, (without the recovery of which) Nature cannot well subsist, though at present, exceedingly relieved.

John Stephen of Newgate in Holland near Latham, 10 years old, having (near the vertebrae of the loins, within somewhat more than an inch of the back bone, upon the first of the spurious ribs) a great Tumour which for six months was gathering to suppuration, but could not be brought to it, notwithstanding the most usual effectual pulcises, cataplasms, and plaisters, till by the advice of a Country woman

man, a Colts Secundine, which was stretcht (according to their Custom ) on a board, and by pieces applyed to the Tumour so ripen'd, and easily brake it, as at the first running it yielded some quarts of laudable Quittor, The next dressing almost as much, and every day after, for four weeks, the Aposteme wetted three or four napkins each dressing, not unlike to what *Herculius Saxonius* observes, p. 288. of one he opened, *qui excernebatur pus album eo die ad libras octo, & sequentibus diebus; ultra decem libras;* which comes the nearest I read of to our Patient, who being thereby brought  
 very



very low, and finding no benefit by what he had been advis'd to for his recovery, He with much difficulty repair'd to *Latbam Spaw*, where (after he had took a dose of the *Apozeme* prescribed for the former *Scrophulous Patient*, he drank orderly of that *Spaw*, As *Her. Sax.* in the former *Chapt.* advises in *curatione ulceris post absterfionem: utiliter enim*, says he, *administrantur omnes Aquae Thermales & intemperie calida conveniunt frigida, iminus calida aluminosa, nam exsiccant & mutant intemperiam partes*, as *Forestus* in his *Chyrurgical Observations* p. 319. also advises, by which the Patient

tient in few daies gathered  
 strength, with such a stomach,  
 as his sores (he had two) ran  
 kindly, grew sweet, and by  
 the Fistula injection, which  
 the Countess of Derby (excel-  
 lent in those things) ordered,  
 out of her Charity and know-  
 ledge, is now in such a Condi-  
 tion, as he can without pain  
 ride, may go many miles, who  
 before could scarce hold up  
 his back one step, and might  
 easily have the wound heald  
 ed, if there were not more  
 danger. *Lupum auribus tenere*;  
 Some *Recidiva's* remaining,  
 which (for fear the vertebrae  
 of the back should be foul, or  
 the Cartilage, and the Ten-  
 dons

dons of the joynts be thereby  
 impair'd, the Aposteme being  
 long in gathering) I cannot yet  
 but indulge Doctor Reads Cau-  
 tion, not to heal the Orifice too  
 soon. Before he came to the  
 Spaw, oftentimes the Orifice in  
 his side would be shut up, upon  
 which he would breath extream  
 short, and spit up exceeding  
 bitter matter in great quantity,  
 ready to suffocate him (the mat-  
 ter being translated to his  
 Lungs) which, after drinking a  
 day or two of the Spaw, turned  
 it's Course to the Wound, never  
 reversing it's order since: So  
 happy hath this Spaw been to  
 this poor neighbour.

Some in Dropsies have repai-

F

red

red happily to this *Spaw*.

The Lord *Strange's* Nurse, a Woman of a full body, cheerful, and of a wholesom Complexion, being exceedingly swollen in her belly, thighs and legs, nay almost all over, afflicted too with violent pains in her head, and a troublesome Asthma, seriously betook her self to drink of this *Spaw*, and without any considerable preparation; which, in few months cur'd her Dropsie, remedied her head-ach, and freed her, as it hath done some others lately, of her Asthma, that at this time she enjoys much health.

I know a Divine about 40 years old, a graceful Preacher,  
and

and Reverend, much afflicted with the Scurvy, and many of its languishing symptoms, besides miserable swoln legs, who drinking of this Spaw but a few daies, returned home infinitely eas'd of his Complaints, and cured of his swoln legs.

In the Worms, nothing proves more effectual. The House-keepers Wife of *Crosse Hall* (a sweet Retirement of the Earl of *Derbys*) maintains it, that one of her Children being very ill, and as she thought at the point of Death, and she her self too, at that time, indisposed and ill, drank both of this Spaw brought to them in a bottle, by *James Holmes* the Husband, and

immediately they both grew well. The Mother thereupon voiding two, and the Daughter three worms Indeed the Neighbourhood, as I am informed, drinks it often upon that score, and with much benefit.

Mistress *Elizabeth Novel*, being troubled with the Palpitation of the Heart from the womb, and Spleen, drank some days of this Spaw, and found not relief only, but (for ought I yet hear) a Cure.

In Womens Diseases, viz obstructions of the womb, Critical evacuations, hysterical fits, &c. the whites with all the symptoms arising thence, the Spaw produces excellent effects,

too apparent here to insist on ; that through the whole, glance only at some Cures ; As also in loosenesses, bloody fluxes, fluxes of the Liver, This Spaw effects considerable Cures, and that not so much as some suppose, by a restringent, and thickning quality condensing the prodigality of Humours preying on Nature, thereby disabled to act in her own vigour, as by an opening, and discussing vertue, precipitating the Morbifick Cause of these and the like fluxes, whereby Nature (being rid of her superfluities) she recovers her pristine strength, as *Abbeers* p. 24. excellently well observes to this effect.

The

The same may be affirmed of the Gonorrhea, and all the diseases incident thereto: Of which you may take two Examples, One of a young man about 29 years, who having run through a Course of Physick, not less terrible than the Disease, drinking of this water, was speedily cur'd of a notable Flux of Bloud in the frenum with its consequents,

The other was of a man about 30. who having a Consumption in his back, drank freely of this Spaw, and in few daies gathered strength, such as (if a Quartan, which hath seiz'd on him this winter, do not again impair his strength exceedingly)



exceedingly) may restore him to a healthful Condition.

I may here likewise mention one (related to him that looks to the Well) who having spent much in the Cure of a dysentery, was by his friends advised to come from *Manchester*, where he lived, and lack't not advice of Learned and eminent men to drink of this *Spaw*, which he did, and in a short time returned cur'd.

Nor is it any wonder that this *Spaw* impregnate with sufficient virtue, should have such an effect on the Diseases last mentioned, since (as *Sennertus* observes of the taking of the *Aqua Thermales*, in the Dysentery, the  
reason

reason of which Cure is also pregnant for the rest) That *cum una opera pluribus scopis satisfaciunt, acres (scil.) humores diluant, & deturbent, sordes ulcerum detergant & ulcera ipsa egregie consolident*, so my Author in his Ch. De dysenteria, p. 329. 4<sup>o</sup> which, as a Conclusion to this hasty Discourse, is not impertinent to insert: And though I might now add more, each day during its season, raising up some passage worthy an Observation; Yet with the shutting up of the Spaw in Winter, we will also leave the rest to flourish with this Spring, If what we have writ, we judge not more than sufficient.

FINIS.

